CLAIM AMENDMENTS

- 1-7. (Canceled)
- 8. (Currently amended) A method of decreasing the incidence of insulin-dependent diabetes mellitus in at-risk populations[[,]]:

<u>o</u>Orally administering <u>10,000 to 30,000 units of IFN- α to individuals of said at-risk population; and</u>

<u>i</u>Immediately swallowing to ingest said IFN- α , thereby decreasing the incidence of insulindependent diabetes mellitus in the at-risk populations.

- 9. (Previously presented) The method of claim 8, wherein said interferon is selected from the group consisting of human recombinant interferon, rat interferon and murine interferon.
- 10. (Canceled)
- 11. (Previously presented) The method of claim 8, wherein said interferon is administered every other day.
- 12-15. (Canceled)
- 16. (Currently amended) A method of delaying the onset of insulin-dependent diabetes mellitus in at-risk populations, comprising:

<u>o</u>Orally administering <u>10,000 to 30,000 units of IFN- α to individuals of said at-risk population; and</u>

<u>i</u>Immediately swallowing to ingest said IFN-α, thereby delaying the onset of insulin-dependent diabetes mellitus in the at-risk populations.

- 17. (Previously presented) The method of claim 16, wherein said IFN- α is selected from the group consisting of human recombinant interferon, rat interferon and murine interferon.
- 18. (Canceled)

- 19. (Currently amended) A method of reducing blood glucose levels in a human comprising:

 <u>o</u>Orally administering <u>10,000 to 30,000 units of IFN-α</u> to said human;

 <u>a</u>And immediately swallowing to ingest said IFN-α, thereby reducing blood glucose levels in said
- 20. (Previously presented) The method of claim 19, wherein said interferon is selected from the group consisting of human recombinant interferon, rat interferon and murine interferon.
- 21-22. (Canceled)

human.